STILTS WORKSHOPS

for children, young people and adults

CIA. VENDAVAL · EASY READ



AGES 8+	2 HOURS	UP TO 20 PEOPLE

Stilts are long poles that you tie to your legs. On stilts, a person is very tall. In this workshop we learn to walk on stilts.

Workshop for children

- Ages 8 and up.
- Up to 10 children.
- It lasts 2 hours.
- We learn to put on the stilts.
- We learn to walk and dance to music.
- At the end we dress up and do a parade. A parade is a walk with music.





Workshop for young people and adults

- Ages 8 and up.
- Up to 20 people.
- It lasts 2 hours.
- We learn to walk, to fall and to get up again.
- We dance and play games.
- We create a character.
- At the end we do a short show for the audience.

What we need

- A space of 10 by 10 metres.
- Flat, hard ground. No gravel.
- Indoors, the ceiling must be 4 metres high or more.
- Shade and drinking water.
- Comfortable clothes and flat, closed shoes.
- We bring the stilts and the costumes.

For everyone

We have experience with groups of disabled people. We adapt the workshop to the group.

With a show

We give the workshops on the same day as one of our shows. We come from Barcelona.

Contact

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Booking and invoicing through the circus association Tub d'assaig 7.70 (Terrassa).